



## **Paper for Agreement: Revised Terms of Reference**

### **Agenda Item: 3**

**DRAFT****Carbohydrate working groups terms of reference**

The Scientific Advisory Committee on Nutrition is requested by the Food Standards Agency and Department of Health to provide clarification of the relationship between dietary carbohydrate and to:

1. Review the evidence for a role of dietary carbohydrate in colorectal health (including colorectal cancer, IBS, constipation)
2. Review the evidence on dietary carbohydrate and metabolic health (including insulin resistance, glycaemic index and obesity)
3. To consider the evidence in respect to dental health that has arisen since the COMA report, Dietary Sugars and Human Disease (Department of Health 1989).
4. Review the terminology, classification and definitions of types of carbohydrates in the diet