



**Paper for information: Government Updates on Nutrition
Related Activities
FSA**

Agenda Item: 6

Please see attached paper for information.

Project/Work area	
National Diet and Nutrition Survey rolling programme	
Summary/background of work (No more than 250 words)	
<p>The NDNS rolling programme covers a UK representative sample of 1000 people per year (adults and children aged 1½ years upwards) with sample boosts in Scotland and Northern Ireland for the first two years, and in Wales from year two onwards. Survey carried out by a consortium led by National Centre for Social Research (NatCen) with MRC Human Nutrition Research and University College London Medical School.</p> <p>Dietary information is collected using a four-day unweighed diary. Other components include: a blood sample; 24-hour urine collection; physical measurements and blood pressure; physical activity questionnaire (Actigraph for children); doubly labelled water assessment of energy expenditure in a sub-sample.</p>	
Current position	
<p>Fieldwork for Year 1 completed in May 2009. Response rate for dietary diary met the target (55% of eligible sample). Response to the nurse component, in particular the blood sample, fell below the target. A number of measures implemented during the year to improve response to these components. Some evidence of recent improvement to blood sample response in adults. Meeting in March 2009 decided to continue blood sampling in all age groups in year 2 but to keep response under close review. Concerns about small numbers of blood samples collected in young children. FSA will seek external advice before making a decision on blood sampling in this age group later in the year.</p> <p>Year 2 fieldwork began 1 April 2009. Changes include:</p> <ul style="list-style-type: none"> ➤ Random selection of start day for 4-day diary so all days of week covered equally ➤ Change to timing of nurse fieldwork to improve response to nurse component. Larger gap between dietary data collection and blood and urine collection. ➤ Use of Actigraphs extended to children from 4-15 years. Shorter, self-completion physical activity questionnaire for adults 	
Next steps	
<p>Results from the first year 2008/09 are expected December 2009. Only results from dietary data (and contextual data from interview and physical measurements) will be published in year 1. Results from blood sample will not be published until year 2 as sample sizes too small. Limited age/sex breakdowns due to small sample sizes.</p> <p>Response rates for year 2 remain under close continuous review. FSA will be seeking external advice on the value of continuing with blood sampling in very young children and making a final decision in Autumn 2009.</p>	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
N/A	N/A
Evaluation of process or impact?	

Project/Work area	
Management of the programme of nutrient analysis surveys and associated work	
Summary/background of work (No more than 250 words)	
<p>1. The Agency has commissioned research for third party management of the nutrient analysis programme. This includes:</p> <ul style="list-style-type: none"> • Generating new nutrient composition data by designing, carrying out and reporting at least three nutrient analysis surveys; • Updating the electronic McCance and Widdowson's The Composition of Foods (CoF) Integrated Data Set (IDS); • Preparing a 7th summary edition of McCance and Widdowson's CoF in book form; <p>The four year contract will be led by the Institute of Food Research.</p> <p>2. A separate discrete project to analyse the nutrient composition of biscuits, buns, cakes and pastries began in June 2008.</p>	
Current position	
<ol style="list-style-type: none"> 1. Contract signed and work begun on 1 May 2009 (third party management of the nutrient analysis programme). 2. Sampling report submitted and contractor evaluation of analytical data underway (nutrient analysis project of biscuits, buns, cakes and pastries), 	
Next steps	
<ol style="list-style-type: none"> 1. Sampling plan for 1st analytical survey and nutrients to be analysed due end October 2009 (third party management of the nutrient analysis programme). 2. Final (analytical) report due end May 2009 (nutrient analysis project of biscuits, buns, cakes and pastries). Data to be added to the nutrient databank supporting the NDNS 	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
N/A	
	Evaluation of process or impact?

Project/Work area	
Salt intake monitoring	
Summary/background of work (No more than 250 words)	
The last ad-hoc survey of salt intakes in adults aged 19-64 years using 24-hour urinary sodium methodology was published in July 2008. Future monitoring of salt intake will be through the NDNS rolling programme.	
Current position	
.Planning a sample boost in NDNS for 24-hour urinary sodium in adults aged 19-64 years in 2010 to provide a robust UK estimate of salt intake for comparison with the Strategic Plan target.	
Next steps	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
N/A	
	Evaluation of process or impact?

Project/Work area	
Research to support dietary surveys and nutrient analysis work	
Summary/background of work (No more than 250 words)	
<p>1) The review of analytical methods for assessing folate status, carried out by the Rowett Research Institute to recommend a robust analytical method for use in future NDNS is now complete. The review recommended that LC MS/MS should be the primary method for future folate analysis, while microbiological assay was a suitable alternative method. Red cell and plasma samples from NDNS are being stored for later analysis.</p> <p>2) The Agency issued a research call for a review and expert workshop to make recommendations about methods for vitamin D status analysis in the NDNS and FSA-funded vitamin D intervention studies.</p> <p>3) The Agency is funding research at the University of Newcastle to produce validated tools for use by children to help estimate portion sizes in dietary surveys. The project is developing and validating a set of photographs and a computer-based tool.</p> <p>4) The Agency and DH are currently at the contract negotiation stage for the Diet and Nutrition Survey of Infants and Young Children (DNSIYC). Part of the survey will include the quantitative estimation of breast milk consumed by breast fed infants. In order to accurately estimate nutrient intake for these infants, there is a need to update existing compositional data for breast milk. Advice received from the Chair of the SACN sub-group on Maternal and Child Nutrition (SMCN) suggests that there is a wealth of published literature in this area. Although generally 25-50 years old, macronutrient content is unlikely to have changed since these data were collected. Micronutrient content may have changed more significantly, but the errors and variability likely to be experienced during sampling for an analytical survey of breast milk composition would provide data no more reliable than within existing literature. The Agency therefore plans to carry out, in-house, a review of the literature on the composition of breast milk, to inform the DNSIYC.</p>	
Current position	
<p>1) Final report published</p> <p>2) Contract with Ashwell Associates. Work began April 2009.</p> <p>3) Work completed and final report expected shortly. Discussions underway with NDNS consortium on how tools can be used to support portion size assessment in children in the NDNS.</p>	
Next steps	
<p>1) Research call to develop the LC MS/MS method to be issued. Interim arrangements for analysis of NDNS samples to be considered.</p> <p>2) Expert workshop to be held November 09</p> <p>3) Peer review and publication of report. Implementation of tools in NDNS.</p>	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
N/A	
Evaluation of process or impact?	

Project/Work area	
Iron Modelling	
Summary/background of work (No more than 250 words)	
Recent evidence suggests that high red or processed meat (total red meat) increases the risk of colorectal cancers.	
Any recommendations to reduce total red meat consumption may have significant effects on the proportion of the UK population with intakes below the LRNI and RNI for iron.	
The Agency has carried out estimated analysis on current total red meat consumption and statistically modelled the impact of reducing total red meat consumption on iron intakes. The effects on zinc and dietary vitamin D intakes have also been assessed.	
This modelling will support any advice issued by SACN in relation to meat consumption	
Current position	
This work has been sent out for peer review comments. The final report of the modelling will be included as an annex to the SACN iron report, to be put out for public consultation in June 2009.	
Next steps	
To evaluate the comments received through peer review and public consultation.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
N/A	
	Evaluation of process or impact?

Project/Work area	
Dietary Survey of Infants and Young Children	
Summary/background of work (No more than 250 words)	
<p>The Agency, with joint funding from DH, is commissioning a UK-wide survey of the diets of infants and young children post weaning (aged 4-18 months), in order to bridge the gap in dietary data between the Infant Feeding Survey, carried out on behalf of the UK health departments, and the NDNS. FSA propose the main body of field work will begin in April 2009.</p> <p>A project management board has been set up including Dr Tony Williams who will represent SACN and the Subgroup on Maternal and Child Nutrition (SMCN). The board will meet to discuss the first steps of the survey once the contract is agreed.</p>	
Current position	
A contract is currently being drawn up with the preferred bidder.	
Next steps	
Planning for pilot field work to begin once the contract is in place, by end of May 09.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
N.A	N.A
	Evaluation of process or impact?
	N.A

Project/Work area		
Low Income Diet and Nutrition Survey (LIDNS)		
Summary/background of work (No more than 250 words)		
Further comments have been sought from SACN on the full LIDNS report and the summary note of a stakeholder workshop held in November 2007.		
Current position		
FSA have collated SACN's comments in the form of a position paper on which SACN have provided comments via correspondence..		
Next steps		
Publication on the SACN website.		
EVALUATION		
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed	Evaluation of process or impact?
N.A	N.A	N.A

Project/Work area	
Local Initiatives: Food Vision Project and FSA Healthy Eating Grants 2008/2009	
Summary/background of work (No more than 250 words)	
<p><u>Food Vision Project</u>: The Agency continues to work with its partners LACORS and the Local Government Association to support the Food Vision website (http://www.foodvision.gov.uk/) as well as Food Vision activities. This includes identifying case studies and developing toolkits for the website to illustrate good practice and inspire those who would like to set up new initiatives.</p> <p><u>Healthy Eating Grants 2008/2009</u>: The FSA supports local initiatives through a programme of grants to local authorities for food hygiene and healthy eating projects. The scheme is open to local authorities in all UK countries, for work in 2008/09</p>	
Current position	
Both initiatives are currently ongoing. Final project reports for all healthy eating grants 2008/2009 are due in summer 2009.	
Next steps	
<u>Food Vision Project</u> : Continue to develop the Agency's interface with local initiatives on healthy eating.	
<u>Healthy Eating Grants 2008/2009</u> : Ensure that all 2008/2009 Healthy Eating Grants promised are delivered in line with grant agreement.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
N/A	N/A
	Evaluation of process or impact?
	N/A

Project/Work area	
Sustainability review of fish consumption advice.	
Summary/background of work (No more than 250 words)	
<p>The Agency is carrying out a sustainability review of its dietary advice on fish consumption. This will add a consideration of environmental sustainability to the existing evidence on health and safety. A public consultation is underway, seeking comments on proposals for the Agency to develop a ‘hub’ within its advice providing links to further information. The evidence on health and safety contained in the joint SACN/COT report of 2004 has not been re-opened.</p>	
Current position	
Public consultation closed on 31 March.	
Next steps	
Work to develop the Agency’s advice will be informed by the consultation. Further discussion with stakeholders is ongoing.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
	Evaluation of process or impact?

Project/Work area	
Target Nutrient Specifications Review.	
Summary/background of work (No more than 250 words)	
Voluntary Target Nutrient Specifications (TNS) for manufactured products used in school meals were published in May 2006. These provide a benchmark for caterers selecting products and for manufacturers considering reformulation. The TNS set out maximum levels of fat, saturated fat and sugar in a range of manufactured products. A commitment was made at publication to review the TNS after two years.	
Current position	
The review has been deferred until after completion of the current review of the Agency's wider salt targets, so that consistency between these targets and the TNS can be improved. The results of this review were published on 18 May 2009.	
Next steps	
Review of the TNS will begin shortly.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
	Evaluation of process or impact?

Project/Work area		
Agency and NGA work/ School Meals		
Summary/background of work (No more than 250 words)		
The Agency and National Governors Association (NGA) in collaboration with other government departments published revised guidance to school governors on school food issues in October 2007.		
Current position		
Evaluation of this guidance has been completed.		
Next steps		
Article published in March 2009 edition of the NGA news letter Matters Arising.		
EVALUATION		
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed	Evaluation of process or impact?
Evaluation published on the Agency website and can be found at: http://www.food.gov.uk/healthierating/nutritionstools/schoolgovernors . Evaluation looks at the impact of the guidance document and Governors views in relation to school food and the distribution process.	Completed June 08	Impact/Process

Project/Work area	
What's Cooking?/ Cooking and Food Skills	
Summary/background of work (No more than 250 words)	
<p>What's Cooking? a guide to setting up and running community and school food clubs is an Agency programme of cooking clubs designed to help children and young people to choose, cook and eat safe healthy food. Initially rolled out to 92 settings in the North East, the programme has this year been rolled out to 49 settings in the East Midlands. What's cooking Clubs in the East Midlands run from April 08 to July 08.</p> <p>The guide which provides advice on how to set up a food club has been revised to reflect case studies from the North East roll out.</p>	
Current position	
<p>Roll out of clubs in the East Midlands complete and there is evidence that some clubs have continued now that Agency funding has come to an end, either through their own means or associated membership of the School Food Trusts Lets Get Cooking Programme.</p>	
Next steps	
<p>Accompanying pupil/teacher resources have been developed and are with designers. They are due for publication by July 09..</p> <p>Negotiations to take place in June regarding the future of this programme and how it can be tied in with wider initiatives such as the DCSF funded Licence to Cook.</p>	
EVALUATION	
What are outputs/ outcome measures of initiative?	Evaluation of process or impact?
<p>Evaluation report published on the Agency website at http://www.food.gov.uk/healthierating/nutritioncommunity/cookit. Evaluation looks at the impact on participants/ What's Cooking? clubs, coordinators views on the What's Cooking guide and explores what additional resources coordinators would like to help them run the clubs.</p>	<p>Impact</p>
Date evaluation expected/ completed	Evaluation of process or impact?
Completed June 08	Impact

Project/Work area		
What's Cooking? Kick and Cook/ Cooking and Food Skills		
Summary/background of work (No more than 250 words)		
What's Cooking? Kick and Cook is a pilot programme being run by the Tottenham Hotspur Foundation. Over the course of 5 weeks participants get the opportunity to learn about diet and health and food safety through practical cookery in the clubs stadium kitchens and learning zone.		
Five schools in Haringey are taking part in the pilot which ends in July 09		
Current position		
The first clubs has taken part in the programme.		
Next steps		
Accompanying pupil/teacher resources to be developed in light of learning from the first school.		
A Family Food Festival containing a number of diet and health workshops to be held in February to bring together the participants and their families of all the schools taking part in the programme		
EVALUATION		
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed	Evaluation of process or impact?
Qualitative evaluation to take place using the Substance evaluation tool. Evaluation will look at the impacts on participants and more widely on the schools themselves	Interim findings expected March 09 with the final report expected in July 09	Impact

Project/Work area	
Manchester United/ Engaging children with food and lifestyle messages	
Summary/background of work (No more than 250 words)	
<p>The Agency is providing the Manchester United Foundation with a 3 year grant to develop, pilot and disseminate ‘Something to Chew on’ in the Manchester area. The programme will focus on increasing primary school aged children’s knowledge and skills around the healthy eating and food safety competency themes.</p> <p>The programme will focus on schools in areas of deprivation and will be delivered by teaching and coaching staff through a blend of classroom and out of class activity. Manchester United coaches will lead an activity element around football.</p> <p>This is being funded in partnership with the Football Foundation and has the support of the DH/DCSF funded National Healthy Schools Programme.</p>	
Current position	
<p>Pilot has completed in Salford in 16 schools .</p> <p>A player visit to one of the schools provided some positive media coverage.</p> <p>Progress is being made with preparations for year 2 and wider roll out into 2 other authorities.</p> <p>Drafting of support materials for schools is underway – aim is to publish schools support pack late summer 09.</p>	
Next steps	
EVALUATION	
What are outputs/ outcome measures of initiative?	Evaluation of process or impact?
Interim findings reported positive findings in terms of an increase in children’s food knowledge. It also indicated changes in food choice and positive impact on levels of activity.	Impact and Process
Pilot report expected June/July 09.	

Project/Work area	
Small Steps 4 Life Health Challenge	
Summary/background of work (No more than 250 words)	
<p>Small Steps 4 Life has developed from Agency commissioned research on a school based health challenge pilot. The Agency has successfully positioned this as a London 2012 related activity and will work with DCSF, DH, Healthy schools, School Food Trust, Change 4 Life, Youth Sports Trust, NCB and London Organising committee for the Olympic Games in developing and delivering the programme.</p> <p>Small Steps4Life programme and website is all about providing a fun way to help young people achieve healthier lifestyles and well being across the themes of healthy eating, getting active and feeling good. Small Steps4Life will help bring young people together to support each other as they take up their challenges. It could also help young people to embrace the excitement of the community and competitive nature of London 2012.</p>	
Current position	
<p>Small Steps 4 Life is the spearhead activity for the healthy active lifestyle strand of London 2012 domestic education programme and is part of the Inspire Programme.</p>	
Next steps	
<p>Profero (digital agency also working on C4life) are on board and are now in the pre-development phase;</p> <p>National Children's Bureau (in coordination with their UK sister organisations and Profero), working in partnership with FSA, will undertake a series of UK young people engagement events in June and July to inform development of the website;</p> <p>FSA to work with London 2012 to communicate smallsteps4life development journey with young people via the Get Set website for the Olympic Games.</p>	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
The work with Young people will act as our initial evaluation/marker for the development phase.	Process
Evaluation of process or impact?	

Project/Work area	
Planet Cook/ Engaging children with food and lifestyle messages	
Summary/background of work (No more than 250 words)	
<p>The Agency has provided a 3 year grant to Platinum Films to develop Planet Cook school resources aimed at 7-9 year olds and those aged up to 11-12 year old. The modules will cover all the competences identified in the FSA Food Competences framework.</p> <p>Support materials will include recipes and activities for use at school and at home. Downloadable modules will include worksheets, cooking, craft and tactile activities as well as games using the Planet Cook ethos and audiovisual resources and expertise.</p> <p>The grant will also provide for Planet Cook to hold a school focussed competition by end of November 2010. Competition is still to be planned, though will link to the concepts involved in the developing programme.</p>	
Current position	
<p>Website and Planet Cook resources /activities being developed for 7-9 year olds.</p> <p>Next steps</p> <p>Review support materials for modules as they are produced. Modules for 7-9 year olds due to be published on Agency/Planet Cook website in Septmeber 09</p>	
EVALUATION	
What are outputs/ outcome measures of initiative?	Evaluation of process or impact?
Evaluation of resources planned in 2009/10 Detail to be confirmed	Impact

Project/Work area		
Myfoodspace/ Food Labelling Teachers Resource		
Summary/background of work (No more than 250 words)		
<p>The Agency commissioned EBC Education Ltd to produce a food labelling teachers resource aimed at 9-11 year olds.</p> <p>The teaching resource was developed to help deliver the Agency's Food Competences. It will help children to choose, cook and eat a safe healthy diet. Its development came about after research, with children and teachers indicated a gap in children's learning about food labelling which was especially evident for those aged around 9-11 years.</p> <p>The teaching resource will help teachers bring food labelling to life and help young people to see how it fits in with their everyday lives.</p> <p>Resource available from November 2008. Resource now available in Welsh (from April 2009).</p>		
Current position		
Resource available from November 2008. Resource now available in Welsh (from April 2009).		
Next steps		
EVALUATION		
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed	Evaluation of process or impact?
Agency will consider user testing through the FSA's School Council Network and other routes as appropriate		

Project/Work area	
Dish it up	
Summary/background of work (No more than 250 words)	
The Agency has commissioned 3T Productions to produce an updated version of the 'Dish it up' CDROM for 11-12 year olds. Working with the British Nutrition Foundation to explore the need of young people and teachers, an interactive curriculum focussed tool that engages and helps young people to make healthier choices within the context of their everyday lives has been developed.	
Current position	
The resource was launched at the Design and Technology Show at the NEC in Birmingham, November 2008.	
Next steps	
Evaluation of Dish it up to explore how schools and other settings can use the CDROM to engage young people in developing their food skills and knowledge	
A Welsh version will be available later in the year.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Evaluation of process or impact?
Report with case studies and examples of when and how the resource is most useful and effective	Process and impact.
Report due to be published June 2009	

Project/Work area		
New research under the Diet and Cardiovascular Health (N02) and Nutrient Status and Function (N05) programmes		
Summary/background of work (No more than 250 words)		
Research panel meetings were held in March 2009 for research calls in both the N05 and N12 programmes.		
Current position		
Five project across the two programme are being taken forward into contract negotiation		
Next steps		
Contract negotiation is currently underway for five projects and if successful they are expected to start between September –December 2009		
EVALUATION		
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed	Evaluation of process or impact?
N/A	N/A	N/A

Project/Work area	
FSA Nutrition Research Review	
Summary/background of work (No more than 250 words)	
An external independent panel have been commissioned to review the FSA's nutrition research portfolio. Following an initial internal scoping Workshop in May 2008, the panel had their first meeting in December 2008 and will meet again in June 2009.	
Current position	
The full public consultation concluded in May and responses are being collated to present to the Panel for their consideration at their meeting on 11 th /12 th June 2009	
Next steps	
The results of the consultation will be considered by the panel at their meeting in June 2009 when recommendations to the Agency will be discussed and agreed.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
N/A	N/A
	Evaluation of process or impact?
	N/A

Project/Work area	
Salt - Review of salt reduction targets	
Summary/background of work (No more than 250 words)	
<p>The Food Standards Agency's voluntary salt reduction targets, which were published in March 2006, encourage food manufacturers and retailers to reduce salt levels in 85 categories of processed foods that contribute most of the salt to the diet.</p> <p>Starting in January 2008, the FSA reviewed industry progress towards the salt targets, and what further work may be required in order to maintain progress towards the 6g average population target intake. This demonstrated that while good progress has been made, it was possible for industry to go further. Therefore, draft revised targets for a limited number of categories for 2010, and a complete set of new targets for 2012, were published for consultation in July 2008. The consultation on the revised salt targets closed in October 2008 and 60 responses were received.</p>	
Current position	
<p>Since the consultation closed, consideration has been given to the responses received and the issues raised, in particular to further assess the costs associated with reformulation work and to finalise the impact assessment.</p>	
Next steps	
<p>The summary of consultation responses and the finalised targets were published on 13th May 2009</p>	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
	Evaluation of process or impact?
	<p>Progress on reduction in UK salt intakes, from urinary sodium analysis, was published in July 2008. This showed that intakes had fallen from 9.5g in 2000/01 to 8.6g in 2008.</p>

Project/Work area		
Nutrition and Health Claims		
Summary/background of work (No more than 250 words)		
<p>EU Regulation 1924/2005 controls the use of nutrition and health claims by prior authorisation, nutrient profiles and conditions of use. Health claims may be authorised if they can be substantiated by generally accepted scientific evidence (with some allowance for emerging science). The Nutrition Panel of the European Food Safety Authority (EFSA) will review the scientific evidence before the Standing Committee on the Food Chain and Animal Health authorises claims.</p> <p>EFSA published its opinion on nutrient profiles in February 2008.</p>		
Current position		
<p>The Commission has sent the draft EU list of 2,800 health claims to EFSA, which is now prioritising its work on this. Some further work on eligibility of certain claims remains, which should help relieve the burden on EFSA. EFSA has published its first 8 opinions on disease risk reduction and children's development and health claims. These were mainly negative due to lack of useful data for an assessment.</p> <p>A Commission working paper was circulated in June and this is being refined in light of comments. A revised paper for formal consultation is expected toward the end of October.</p>		
Next steps		
<p>To adopt a Community list of health claims.</p> <p>Nutrient profiles must be established</p>		
EVALUATION		
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed	Evaluation of process or impact?
<p>The Agency will have a vote in Standing Committee on authorisation of claims.</p> <p>This links into the Agency review of the Ofcom nutrient profile, which will consider the EFSA opinion.</p>	<p>The deadline to adopt a Community list of health claims is January 2010.</p> <p>Established by January 2009 and will apply from 2011.</p>	

Project/Work area	
Saturated Fat and Energy Intake Programme	
Summary/background of work (No more than 250 words)	
<p>The Agency is committed to work with health departments to reduce saturated fat intakes from 13.3% to 11% of food energy by 2010 (for everyone from age 5 upwards). The Agency has also committed to support national obesity strategies, by helping consumers to achieve a balance between calorie intake and energy output.</p> <p>The Agency's Saturated Fat and Energy Intake Programme was published in February 2008. It covers four strands of work:</p> <ul style="list-style-type: none"> ● consumer awareness on saturated fat; ● increasing availability of healthy options; ● reduced portion sizes; and ● reformulation of mainstream products. <p>Actions being taken forward include:</p> <ul style="list-style-type: none"> ● The Agency is finalising its draft voluntary recommendations to industry on saturated fat and added sugar reductions (and portion size availability) for biscuits, cakes, pastries, chocolate confectionery and soft drinks. This will be subject to a full public consultation during summer 2009. ● The Agency launched its consumer awareness campaign around saturated fat in February 2009. It included TV, print, media advertising and a comprehensive web site to engage consumers and raise awareness about the health implications of too much saturated fat, and provided simple tips on how to reduce intakes through easy swaps when shopping, cooking or eating out. 	
Current position	
<ul style="list-style-type: none"> ○ The Agency will develop voluntary recommendations on saturated fat reductions for dairy products and meat and meat products and single serve portion size availability for snack foods. These recommendations will also be subject to a full public consultation during 2009. ○ The Agency continues to work with NGO partners to provide complementary activity around the consumer awareness campaign with the aim to embed campaign messages in local and community settings, including among Black and Minority Ethnic communities. 	
Next steps	
EVALUATION	
What are outputs/ outcome measures of initiative?	Evaluation of process or impact?
Effectiveness of campaign will be evaluated.	
Date evaluation expected/ completed	Evaluation of process or impact?
Summer 2009	

Project/Work area	
Front of Pack (FoP) traffic light labelling	
Summary/background of work (No more than 250 words)	
<p>In March 2006, following consumer research carried out over 18 months involving more than 2600 UK consumers and working groups involving industry and NGOs, the Agency's Board published recommendation that voluntary signpost labelling should be based on four core principles:</p> <ul style="list-style-type: none"> – provision of information for fat, saturated fat, sugars and salt; – red, amber or green colour coding to provide at a glance information on the level (i.e. whether high, medium or low) of individual nutrients in a product, – provision of additional information on the levels of nutrients present in a portion of the product; and – use of the nutritional criteria developed by the Agency. <p>Additional information on calories and / or %GDAs could also be included.</p> <p>The Board recommended signpost labelling is applied to 7 categories of composite, processed foods, e.g. ready meals, breakfast cereals, as, according to consumer research, these are the foods for which consumers find it most difficult to assess the nutritional content. Several adopters of the approach are successfully using the criteria on a wider range of products and the Agency is happy for them to do so. Technical guidance was re-issued in November 2007 to incorporate criteria for breakfast cereals and a change to the amber / red sugars criterion such that it is based on added, not total, sugars. The guidance can be found at: http://www.food.gov.uk/foodlabelling/signposting/technicalguide/</p>	
Current position	
<p>Currently used by 9 retailers, 31 manufacturers, 5 service providers and 1 fast food restaurant, on at least 10,000 products. 24 public interest organisations support the approach including all the main professional health organisations. PMP findings were published on 6 May. The overall balance of evidence shows that FOP labels which combine text (the words 'high, medium and low'), traffic light colours and %GDA are the strongest, and that standardising to this format would enhance use and comprehension among consumers.</p>	
Next steps	
<p>The results of independent PMP evaluation of FoP labelling will be used to inform the basis for the Agency's recommendations on FoP labelling. Businesses will be encouraged to adopt the recommended approach.</p>	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
	Evaluation of process or impact?

Project/Work area	
Proposed technical amendment to Nutritional Labelling Directive (90/496/EEC)	
Summary/background of work (No more than 250 words)	
<p>The European Commission published a working document of a draft Directive to amend Directive 90/496/EEC (the 'Amending Directive') in March 2008. The Amending Directive:</p> <ul style="list-style-type: none"> – provides a definition of dietary fibre for labelling. This is similar to the proposed Codex definition. – provides new energy conversion factors for fibre (2 kcal/g) and erythritol (0kcal/g). These figures are based on opinions of the Food and Agricultural Organisation of the United Nations (FAO) (2003) and the Scientific Committee on Food of the EU (SCF) (2003). – updates the list of vitamins and minerals and associated RDAs. The new values are based on the opinion of the SCF (2003). One exception is folic acid where the SCF opinion proposed 400micrograms but the working document proposed 200micrograms. This is partly on the basis of the SACN modelling work and review papers which the UK provided to the Commission. <p>The Amending Directive is published on the Agency's website at: www.food.gov.uk/consultations/consulteng/2008/nutlabelmar08eng</p>	
Current position	
The Amending Directive was voted on in Standing Committee on 23 June and the text was accepted.	
Next steps	
It is anticipated the Amending Directive will be published in the Official Journal in October. The UK will then have one year to implement this into legislation.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
	Evaluation of process or impact?

Project/Work area		
Independent Review of the Controls on Infant Formula and Follow-on Formula		
Summary/background of work (No more than 250 words)		
<p>In November 2007, the Public Health Minister announced, as part of the package of measures to strengthen existing infant formula (IF) and follow-on formula (FOF) controls, that an independently chaired review would be carried out to assess whether the new controls were working as expected or whether further action was needed.</p>		
Current position		
<p>At its sixth meeting on 24 April, the independent review panel discussed information submitted by stakeholders and how this could be used to answer the questions in the remit of the review.</p>		
Next steps		
<p>The panel will hold its 7th meeting on 29 June. The panel will be presented with draft reports of the two research projects commissioned specially to support the review; the objective of the first project is to establish the nature of IF and FOF advertising before and after the new controls came into force, the second project will assess consumer perception of FOF advertising and whether babies younger than 6 months of age are being fed FOF.</p>		
EVALUATION		
What are outputs/ outcome measures of initiative?	What are outputs/ outcome measures of initiative?	What are outputs/ outcome measures of initiative?
<p>Panel members will then consider the results of research, along with information provided by stakeholders, and make recommendations as to whether the new controls on advertising and presentation of IF and FOF are working as expected. If not, they will recommend what future action may be appropriate.</p>	<p>Panel members will then consider the results of research, along with information provided by stakeholders, and make recommendations as to whether the new controls on advertising and presentation of IF and FOF are working as expected. If not, they will recommend what future action may be appropriate.</p>	<p>Panel members will then consider the results of research, along with information provided by stakeholders, and make recommendations as to whether the new controls on advertising and presentation of IF and FOF are working as expected. If not, they will recommend what future action may be appropriate.</p>

Project/Work area		
Independent Review of the Controls on Infant Formula and Follow-on Formula		
Summary/background of work (No more than 250 words)		
In November 2007, the Public Health Minister announced, as part of the package of measures to strengthen existing infant formula and follow-on formula controls, that an independently chaired review would be carried out to assess whether the new controls were working as expected or whether further action was needed.		
Current position		
At its third meeting on 11 September, the independent review panel discussed research proposals submitted in response to two research requirements published in July. One research project will establish the nature of infant formula (IF) and follow-on (FOF) advertising before and after new controls were put in place; the second will assess consumer perception of FOF advertising and whether babies younger than 6 months are being fed FOF.		
Next steps		
The intention is that the research will begin in mid October.		
EVALUATION		
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed	Evaluation of process or impact?
The panel will receive the final reports of the two research projects in July of next year. Panel members will then consider the results, along with information provided by stakeholders, and make recommendations as to whether the new controls on advertising and presentation of IF and FOF are working as expected. If not, they will recommend what future action may be appropriate.	The panel will make draft recommendations in August 2009. Stakeholders will be invited to comment and the panel will then finalise its recommendations in October 2009.	The timing and the nature of evaluation will depend upon the panel's recommendations.

Project/Work area		
Nutrient Profiling		
Summary/background of work (No more than 250 words)		
<p>In December 2005 the Food Standards Agency (FSA) recommended its nutrient profiling (NP) model to Ofcom for use in its restrictions on high fat, salt or sugar (HFSS) food and drink television advertising to children. At this time the FSA committed to reviewing the effectiveness of the model at differentiating foods on the basis of their nutritional composition, in the context of Ofcom's UK broadcasting controls, one year from its first date of use.</p> <p>Ofcom applies the NP model through scheduling restrictions which do not allow advertisements for HFSS foods to be shown in or around programmes for children, or programmes that are likely to be of particular appeal to children. These restrictions came into effect from 1 April 2007 for children aged 4-9 year olds, and from 1 January 2008 for children aged 4-15 years old.</p> <p>The review has been managed by an independent group of experts (the Review Panel) chaired by Professor Mike Kelly (Public Health Excellence Centre Director, National Institute for Health and Clinical Excellence) and includes representation from SACN (Annie Anderson)</p>		
Current position		
<p>Next steps</p>		
EVALUATION		
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed	Evaluation of process or impact?
<p>In July 2008 the Panel put its draft recommendations out to a full 12 week public consultation which closed on 29th September. Comments and views received during the consultation will be considered by the Panel at its next meeting on 24th October 2008.</p> <p>Following this meeting, the Panel's recommendations will be considered by SACN before they are finalised and presented to the Agency's Board.</p>	<p>The Panel's final recommendations will be presented to the FSA Board in March 2009.</p>	<p>N/A</p>

Project/Work area	
Folic acid fortification	
Summary/background of work (No more than 250 words)	
In February 2008, following an expert working group meeting in January 2008, SACN decided to defer agreeing a decision on mandatory fortification until the results of ongoing trials are available.	
Current position	
Agency officials are currently engaging with food and supplements industries about levels of voluntary fortification.	
Next steps	
Following publication of CVD trials towards the end of 2008, SACN will discuss the outcome and implications of these results and provide a confidential report to the CMO following discussions at the June meeting.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
	Evaluation of process or impact?

FSA SCOTLAND

Project/Work area	
Secondary analysis of data contained in the SHS and EFS	
Summary/background of work (No more than 250 words)	
This project carried out secondary analysis of the Scottish Health Survey (SHS) 2003 and the EFS 2001-2004. The aim was to derive and interpret dietary patterns within the current Scottish Diet using Principal Component Analysis (PCA) and a Diet Quality Index (DQI), from both the SHS 2003 (individuals) and the EFS 2001-2004 (households). The association between dietary patterns and levels of deprivation, lifestyle behaviours and health outcomes were assessed using multivariate analysis techniques.	
Current position	
Final report published on website (http://www.foodbase.org.uk/) April 2009.	
Next steps	
Results currently being considered by FSAS to inform future research, surveillance and policy needs.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
	Evaluation of process or impact?

Project/Work area	
Secondary analysis of data contained in the EFS	
Summary/background of work (No more than 250 words)	
This project began in March 2007 and is using an already established and robust methodology to examine food and nutrient intakes from the EFS (2001-2007) and compare with the Scottish dietary targets. The results include estimates of free food which have now been incorporated into the EFS datasheets by Defra. In addition differences in diet, food groups and nutrients by quintile of socioeconomic group and area of residence are being examined.	
Current position	
Project ongoing.	
Next steps	
Differences in diet, food groups and nutrients by quintile of socioeconomic group and area of residence are currently being examined.	
Final report due end Oct 2009.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
Peer review of final report.	
	Evaluation of process or impact?

Project/Work area	
Red meat intakes in Scotland	
Summary/background of work (No more than 250 words)	
<p>The Agency is carrying out analysis to estimate current UK Red and processed meat (RPM) consumption and statistical modelling of the impact on reducing RPM consumption on iron intakes.</p> <p>There is an additional requirement to provide information using Scottish data sets as the NDNS provides insufficient numbers for Scotland. The Expenditure and Food Survey has been used by FSAS to monitor progress towards dietary targets this survey data is also being used to quantify red and processed meat intakes in Scotland. This information will be used to inform Scottish Government, will supplement the UK data and may feed into the Agency's iron modelling work.</p>	
Current position	
Draft final report received estimating consumption of red, processed and total meat in Scotland from purchase data	
Next steps	
Draft report to be finalised. Scottish Government to be informed of the findings then report to be published.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
	Evaluation of process or impact?

Project/Work area	
Secondary analysis of the survey of sugar intake among children living in Scotland	
Summary/background of work (No more than 250 words)	
<p>In May – Sept 2006 a national survey of the diet of children aged 3-17 y was carried out across Scotland and was published in March 08. As validation for the FFQ, two sub samples of children (and their parents) were asked to complete either a 4 day non-weighted diary or 24 hr multiple pass recall. Secondary analysis of the data has been carried out to identify:</p> <ul style="list-style-type: none"> a) dietary patterns using principal component analysis from the FFQ and their possible associations with demographic and socio-economic variables b) differences in meal and snack patterns and in nutrient intakes between school and non school days from the 4-day diary c) differences in foods consumed and nutrient intakes for children taking school lunches and packed lunches using data from the 24-h recall 	
Current position	
The final report published on the website (http://www.foodbase.org.uk/) April 2009.	
Next steps	
Results currently being considered by FSAS to inform future research, surveillance and policy needs.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
	Evaluation of process or impact?

Project/Work area	
Analysis of red and preserved meat purchases in Scotland using representative supermarket panel data	
Summary/background of work (No more than 250 words)	
<p>The rationale of this project is to a) address the lack of data on meat consumption in Scotland with which to inform Scottish Government and FSAS policy in relation to setting Scottish Dietary Targets and b) allow us to begin to explore the possibility of using supermarket panel data as an additional source of information on the food purchasing patterns of people in Scotland.</p> <p>The Food Marketing Research Team at the Scottish Agricultural College is working in partnership with the Kent Business School dunnhumby Academy of Consumer Research, on projects using the dunnhumby data. The dunnhumby database comprises a sample that is representative of UK supermarket shoppers. We have had the opportunity to commission work using this database of approximately 80 000 households in Scotland.</p> <p>The specific aim in this instance is to provide information on categories of red meat and processed meat purchasing patterns in relation to lifestage, lifestyle, region, and neighbourhood (geo-demographics).</p>	
Current position	
The first draft of the final report was received April 2009.	
Next steps	
Report to be sent out for peer review.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
Evaluation of process or impact?	

Project/Work area	
Selenium	
Summary/background of work (No more than 250 words)	
<p>Survey results reported in 1995 suggested that selenium intake among the Scottish population was low (Barclay <i>et al.</i>, 1995). There is also emerging (unpublished) evidence to suggest that the selenium status of the Scottish population may be lower than that of other parts of the UK. It is increasingly recognised that the selenium status of Scottish soils is likely to be low due to its acid nature and geological parent material. The aim of this project is to measure the selenium status of Scottish soil in high and low selenium regions and measure the selenium status of crops grown locally and foods originating from animal production in the selected selenium regions.</p>	
Current position	
Draft final report received March 2009, currently awaiting peer review comments	
Next steps	
Publication of the final report.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
	Evaluation of process or impact?

Project/Work area	
Scottish Urinary Sodium survey 2009	
Summary/background of work (No more than 250 words)	
<p>The Scottish Government have a Scottish Dietary Target¹ and FSA have a strategic plan target² to reduce salt intakes to 6g/day. Both targets are currently set for achievement by 2010.</p> <p>In 2006, FSAS commissioned a urinary sodium survey in Scotland and found that average salt intakes were 9.1g/day. The most recent UK study was conducted in 2008 and found that average salt intakes had reduced to 8.6g/day. This UK survey however, only included just over 70 participants from Scotland. To monitor the Scottish progress towards the 2010 target, the FSAS have commissioned a 2009 survey of 24 hour urinary sodium in a representative sample of the Scottish population.</p>	
Current position	
Fieldwork ongoing.	
Next steps	
Final report due March 2010.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
	Evaluation of process or impact?

Project/Work area	
Eatwell Week	
Summary/background of work (No more than 250 words)	
<p>FSAS are leading a UK project aimed at the application of Eatwell guidelines to weekly food intake. The project will design and test the nutritional composition and format of the eatwell week. The project covers three main areas:</p> <ol style="list-style-type: none"> 1) Development of an <i>eatwell week</i> menu including meals, additional foods/snacks and beverages 2) Development of an <i>eatwell week</i> resource including photographs and supplementary information 3) Testing of the <i>eatwell week</i> resource in focus groups with lay and professional stakeholders 	
Current position	
Appraisal panel met (7 th May 09) and a preferred bidder identified.	
Next steps	
Contract negotiations underway with a view to work commencing Aug/Sept 09	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
The resource will be tested in focus groups	
	Evaluation of process or impact?

Project/Work area		
Children's Dietary Survey 2010		
Summary/background of work (No more than 250 words)		
FSAS are commissioning a project to design and carry out a dietary survey of children living in Scotland using a validated Food Frequency Questionnaire (FFQ) to collect data on NMES, saturated and total fat intakes. The project will also collect information on meals and snacking habits with additional emphasis on foods eaten outside the home. Contractors are also invited to gather information on current eating practices inside the home to provide data that cannot be obtained using an FFQ.		
Current position		
Strategic Authorisation received from Chief Scientist; awaiting Financial Authorisation from Chief Executive		
Next steps		
Ad-hoc Research Requirement to be released May 2009		
EVALUATION		
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed	Evaluation of process or impact?
The project will assess progress towards the Scottish Dietary Targets amongst children living in Scotland and will provide information of the social context of children's eating practices with particular emphasis on foods obtained or consumed on the way to and from school and at lunchtime.		

Project/Work area		
Teachers' Panel		
Summary/background of work (No more than 250 words)		
FSAS facilitated a Pilot Teachers' Panel on 18 January 2008. The Panel consisted of 10 key individuals representing Scottish schools and educational establishments. They reviewed resources developed for schools by FSAS to ensure that: they match FSA competencies they are compatible with current learning and teaching practices; they link to the Scottish curriculum and are targeted at the appropriate age group. An evaluation report was produced.		
Current position		
Facilitator appointed in June 2008 to manage panel meetings for the next 3 years. The last panel took place March 2009 to examine FSA resources.		
Next steps		
Next panel meeting scheduled for 29 May 2009		
EVALUATION		
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed	Evaluation of process or impact?
Evaluation will be built into to each event. Teachers' who attend the event are asked to provide feedback on the usefulness of the panel meeting	Incorporated into the report completed following the scheduled events.	Process

Project/Work area	
Hygiene, Healthy Eating and Activity in Primary Schools (HHEAPS) Initiative	
Summary/background of work (No more than 250 words)	
HHEAPS has developed from an initial pilot with Aberdeen Football Club and the Active Schools network during 2006/7. The initiative adopted the concept of using a colourful 'Mission Book' of classroom activities, combined with message reinforcement by sports coaches as positive role models to make children more aware of the benefits of food hygiene, healthy eating and keeping fit. A formal 3 year partnership with the Scottish Football Association (SFA) and Scottish Rugby Union (SRU) has been established to deliver the initiative to 10,000 P4 –P6 pupils per year.	
Current position	
An extra 3000 pupils will receive the initiative in conjunction with SRU & SFA during the 2008-09 school year. Tennis Scotland is participating in a pilot to deliver to 1500 pupils using the newly developed Generic Book	
Next steps	
Monitor delivery of the initiative with SRU and SFA, along with the pilot Tennis Scotland are doing. Pilot resources with SEN schools/pupils	
EVALUATION	
What are outputs/ outcome measures of initiative?	Evaluation of process or impact?
Evaluation integral and ongoing. FSAS Evaluation test aims: Has the resource raised awareness of key FSA messages?; Logistics; Partnership between FSAS, sports coaches and schools.	Process: logistics of delivering resource materials to appropriate schools for start of the initiative. Impact: a) Testing the usefulness of the resource in relation to the curriculum. b) Testing if the children knowledge has increased as a result of the resource.
	Date evaluation expected/ completed
	July 2009

Project/Work area		
Primary and Nursery School Resource		
Summary/background of work (No more than 250 words)		
FSAS has developed a new educational resource for 3 to 12 year olds. It consists of a bright and engaging mobile unit containing a variety of non electronic games. The resource will be piloted in two Scottish Local Authorities (LAs) from 27 October 2008.		
Current position		
Pilot launched in two Scottish LAs Dundee and Moray on 27 October		
Independent Company have been engaged to perform an ongoing evaluation for the pilot period		
Next steps		
Pilot period will end May 2009		
EVALUATION		
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed	Evaluation of process or impact?
FSAS Evaluation test aims : Has the resource raised awareness of FSA key messages?; Do games meet learning outcomes?; Logistics ; LAs cooperation to pilot the resource.	June 2009	Process : logistics of transporting resource and administration aspects Impact : a) Testing the usefulness of the resource within the curriculum. b) Testing if children have understood Agency messages as a result of the resource.

FSA WALES

Project/Work area	
6th round of AFAL Awards (Awards for Food Action Locally)	
Summary/background of work (No more than 250 words)	
<ul style="list-style-type: none"> • Presentations to the winners and runners-up of the 2008-09 AFAL awards took place during March and April 2009. 	
Current position	
Summaries of all the nominations received for the 6 th round are due to be published on both FSA Wales and the Physical Activity and Nutrition Network Wales websites during May 2009. FSA News is to feature the winning projects in an upcoming edition.	
Next steps	
A decision is due to be taken regarding the running of a 7 th round within the next couple of months.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
Engagement with grass roots level/ community initiatives / work being undertaken across Wales.	
	Evaluation of process or impact?

Project/Work area	
Work targeted at older people	
Summary/background of work (No more than 250 words)	
FSA Wales is joint funding (with WAG) two pilots for Older People in Community Settings. One is focussing on the prevention and early detection of malnutrition amongst older people through integrated community action and the other is reviewing existing courses available for nutrition education for care homes and older people including the development of an accredited bespoke course as appropriate.	
Current position	
Delayed start of both projects from January 2009 to April 2009 due to difficulties with essential staff recruitment.	
Next steps	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
Both projects will be submitting annual reports detailing progress against various outcomes.	
	Evaluation of process or impact?

Project/Work area	
Work with Black and Minority Ethnic Groups	
Summary/background of work (No more than 250 words)	
The review of dietary interventions in black and minority ethnic (BME) groups commissioned by FSA Wales is now available. The Report of the work divided into two Parts: Part 1, analyses the BME situation in Wales; Part 2 reviews evaluated UK dietary interventions targeting BME groups and research identified in the published literature. In addition, searches were undertaken of the grey literature with further information collected using a snowballing approach with relevant networks and contacts.	
Current position	
The report will shortly be published on FSA Wales' website.	
Next steps	
The Agency is currently considering how to take forward the recommendations made.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
N/A	
	Evaluation of process or impact?

Project/Work area	
Teacher Trailer Pack	
Summary/background of work (No more than 250 words)	
<p>Completed in September 2008, the Bilingual Teacher Pack was primarily developed to support the activity of the FSA Wales educational resource trailer in schools. It is also useful for schools generally to support work on healthy eating and food safety. The pack targets children at Key Stage 1 and 2 and contents include:</p> <ul style="list-style-type: none"> • Whiteboard activities • Pantomime on DVD • Weblinks to a catalogue of FSA online interactive games • Lesson plans, worksheets and extension activities • Information concerning special dietary requirements and food handling etc.,. • Links to other trusted sources of information and teaching materials <p>By September 2009 all primary schools in Wales will have a copy of the teacher pack. The pack will be available to download shortly at www.food.gov.uk/wales</p>	
Current position	
A copy of the pack to has been distributed to Healthy School Co-ordinators in Wales, and is available on request to schools. There has been a high level of requests for copies and early positive feedback.	
Next steps	
To make the pack available for download from the FSA Wales website. To ensure the pack supports 2009-10 trailer activity in schools.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
The pack will be reviewed by a teacher panel being convened 27 th January.	Panel feedback is due in February.
	Evaluation of process or impact?

Project/Work area	
Poster Lesson Plans	
Summary/background of work (No more than 250 words)	
Lesson plans have been developed to support the series of comic-strip style healthy eating posters aimed at 11-16 year olds that were launched in May 2008. The lesson plans support the learning aspects of the posters: the importance of breakfast; making healthier choices using traffic light & labelling; and the Eatwell plate model.	
Current position	
The plans will shortly be available for download from FSA Wales website.	
Next steps	
The Agency will make the plans and posters available on CD Rom, for use by Secondary Schools in Wales.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
	Evaluation of process or impact?

FSA NORTHERN IRELAND

Project/Work area	
NDNS	
Summary/background of work (No more than 250 words)	
Agreement has been reached on the NI boost sample for NDNS. 200 respondents will be sampled in NI in 2008/09 and a further 200 in 2009/10.	
Current position	
Funding in place. Sampling commences 2008/09.	
Next steps	
Oversee the project.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
N/A	
	Evaluation of process or impact?

Project/Work area	
‘Fit Futures’ Obesity Prevention Steering Group	
Summary/background of work (No more than 250 words)	
The DHSSPS has set up an Obesity Prevention Steering Group to oversee, co-ordinate and drive forward the implementation of ‘Fit Futures’ and widen the strategy to include the adult population. Four Advisory groups will report to the Steering Group: a food and nutrition group, a prevention, education and public information group, a physical activity group and a data and research group.	
Current position	
Inaugural meeting took place on 18 February 2008.	
Next steps	
Attend sub-groups as required.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
Evaluation of process or impact?	

Project/Work area		
Procurement		
Summary/background of work (No more than 250 words)		
The Department of Finance and Personnel are currently producing guidance on integrating sustainable development into the procurement of food and catering services. FSANI has placed a link into this document to the Agency's guidance on food served to adults in major institutions.		
Current position		
Routine contact with Central Services Agency to have nutritional standards built into procurement contracts.		
Next steps		
EVALUATION		
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed	Evaluation of process or impact?

Project/Work area	
Peer Education Model – Eating Well for Older People	
Summary/background of work (No more than 250 words)	
Aim:	Develop and facilitate a practical nutrition programme for older people to deliver to their peers in a community setting.
Objectives:	<ol style="list-style-type: none"> 1. To develop a practical, fun nutrition programme suitable to deliver to groups of older people. 2. To identify and train a number of suitable peer trainers throughout Northern Ireland. 3. To support the peer trainers in the rollout of the programme. 4. To evaluate the programme, amend as appropriate and consider future opportunities for nutrition activities with this age group
Current position	
42 Peer Educators trained.	
Eatwell Bingo - nutrition game developed and produced.	
Eatwell Bingo delivered to peer trainers to use within their group work with older people.	
Support peer trainers to deliver nutrition sessions based on the Eatwell Bingo game.	
Next steps	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
Evaluation in February / March 2009 with the peer trainers and participants	
	Evaluation of process or impact?

Project/Work area	
Homeless Strategy	
Summary/background of work (No more than 250 words)	
<p>Following on from the launch of the FSANI report on Homeless people (July 2007), the first phase of “Grub’s Up” – A Certificate in nutrition, hygiene and food skills has been completed. The course consists of five two hour sessions covering hygiene, nutrition, meal planning, preparation and cooking skills. Course materials have been developed by FSANI. The course is accredited by the Open College Network at level one. Each participant is required to complete a portfolio of evidence if they wish to be considered for the OCN award.</p> <p>“Grub’s Up” was piloted with a number of Simon Community Hostels for the homeless in Northern Ireland</p>	
Current position	
<p>The programme was piloted two Simon Community Hostels.</p> <p>“Grub’s Up” resources are currently being printed.</p> <p>Resource to be introduced at a half day workshop initially to dietitians and environmental health officers who have passed the Diploma in Nutrition and Health (Community). EHOs to roll the programme out across NI</p>	
Next steps	
EVALUATION	
What are outputs/ outcome measures of initiative?	Evaluation of process or impact?
<p>Independent evaluation with dietitians, environmental health officers and participants will be commissioned in 2009.</p>	

Project/Work area		
Survival Guide to Food		
Summary/background of work (No more than 250 words)		
Following the pilot and evaluation of 'Fresher Food' a Student Survival Guide, and further to discussions with the Council for Curriculum, Education and Assessment (CEA) in Northern Ireland FSANI has reproduced the Guide under the name 'A Survival Guide to Food' as a resource to support the Learning for Life and Work module for A Level pupils. The resource includes information on shopping and cooking on a budget; kitchen hygiene; getting the most from your diet; how to prepare food and a selection of recipes. The Guide is available for all post primary schools in Northern Ireland.		
Current position		
Letter to teachers notifying them of the resource		
Next steps		
Introduce the resource to Sixth Form Co-ordinators through workshops.		
Distribute resource for use from September 2008.		
EVALUATION		
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed	Evaluation of process or impact?
Tender process for independent evaluation from March 2009.		

Project/Work area	
Whole School Approach to Food in Schools	
Summary/background of work (No more than 250 words)	
<p>The Department of Education for NI are to make The Food in Schools Policy available for a 12 week public consultation in the Autumn 2008.</p> <p>The Health Promotion Agency for Northern Ireland has commissioned baseline research to examine individual's attitudes to, and perceptions of, school meals/food in schools/healthy eating, etc, and highlight the current issues such as queuing, dining room ambience, non take-up of free school meals, and school policies, etc. It involves all the key groups including pupils, parents, catering staff, teaching staff, principals and Boards of Governors. The research is both qualitative and quantitative.</p>	
Current position	
Research to commence imminently.	
Next steps	
A verbal report should be available in June 2008 with a full written report to follow.	
Evidence from the report will guide the communication strategy for food in schools.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
	Evaluation of process or impact?

Project/Work area	
Ecoworld	
Summary/background of work (No more than 250 words)	
<p>Ecoworld is an e-based project designed by the Consumer Council and CEA (Council for Curriculum, Exams and Assessments) to encourage young people to gain an understanding of the implications for the individual, society, the economy and environment in areas related to sustainable development, including food. The resource also educates young people on independent living and encourages responsible and informed choices.</p> <p>Under the heading eco-topics there is a section dedicated to Food which incorporates information provided by FSANI on the eatwell plate, food safety issues and signpost labelling (traffic lights). There are also tasks of the young people to complete which are relevant to these subjects. There are weblinks to the FSA websites and ecoworld can be viewed on www.ecoworld.org.uk</p>	
Current position	
Ecoworld was launched on 29 April 2008.	
Next steps	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
	Evaluation of process or impact?

Project/Work area	
Saturated Fat and Energy Programme	
Summary/background of work (No more than 250 words)	
NI links with the national programme.	
Stakeholders were invited to respond to the consultation document and attend a Stakeholder meeting.	
Current position	
Presentation by Saturated Fat and Energy Intake Programme Staff to Open NIFAC meeting. Question and Answer Session followed by stakeholder discussion with panel.	
Next steps	
Ensure links are made with NI food businesses to the national strategy.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
	Evaluation of process or impact?

Project/Work area	
Signpost Labelling	
Summary/background of work (No more than 250 words)	
NI links with the national programme.	
Current position	
Four new adopters in NI – one bakery and three manufacturers of meal accompaniments. This brings the total number of adopters in NI to 9.	
FSANI stand promoting signpost labelling at IFEX – a three day trade exhibition.	
Next steps	
Continue work to with manufacturers and food companies to adopt signpost labelling.	
Follow-up factory visits for interested companies identified through IFEX.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
	Evaluation of process or impact?

Project/Work area	
Nutrition training for Environmental Health Officers.	
Summary/background of work (No more than 250 words)	
Diploma in Nutrition and Health (Nutrition in the Community) – RIPH course. The aim of the course is to enable Environmental Health Officers to provide advice and guidance on nutrition to caterers and to deliver basic nutrition training to caterers.	
The course is organised by FSANI in partnership with the Health Promotion Agency for NI, and is delivered by Community Dieticians.	
Current position	
Two courses delivered - 14 Environmental Health Officers have successfully completed the training.	
Next steps	
Two courses to be delivered Sept-Dec 2008.	
EVALUATION	
What are outputs/ outcome measures of initiative?	Date evaluation expected/ completed
Evaluation of process or impact?	