



3rd Meeting
Energy Requirements Working Group
9.30 a.m. • 2 December 2005
• Conference room 2, FSA, Aviation House,
125 Kingsway, London WC2B 6NH

NB: Lunch will be served at a convenient point in the meeting

		Papers	
9:30am		Tea and Coffee	
10:00am	1	Welcome and introductions	
	2	Minutes of the previous meeting (14 September 2005)	SACNenergy/05/min02
	3	Commentary on adult BMR analysis	SACNenergy/05/13
		I. Presentation by Professor Tim Cole	
		Discussion	
	4	Exercise and health	SACNenergy/05/14
		I. At Least 5 a week- Evidence on the impact of physical activity and its relationship to health. A report from the Chief Medical Officer	
		II. Key references attached	
		Discussion	
	5	Energy requirements of illness	SACNenergy/05/15
		I. Presentation by Professor Marinos Elia	
		II. Key references attached	
		Discussion	
	6	Outline of report structure	SACNenergy/05/16

Discussion

Future work programme – organisation of different aspects: exercise, macronutrients, illness etc

AOB

Date of next meeting 3 April 2006