

# Scientific Advisory Committee on Nutrition

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**Paper for Information:**

**Egg Intake and Cardiovascular  
Disease  
Agenda Item AOB**

Please see attached letters from the British Egg Information Service for information.

# Scientific Advisory Committee on Nutrition

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## Egg Intake and Cardiovascular Disease

### ISSUE

On 16 August 2001 the British Egg Information Service (BEIS) wrote to the SACN Secretariat requesting that the Committee consider and update past government advice in relation to dietary cholesterol, egg intake and cardiovascular disease. The Secretariat, has considered the evidence presented and has responded that current advice does not preclude egg consumption, but takes into account the whole diet.

Please see annex 1 for BEIS letter and annex 2 for the secretariat's response.

**Members are requested to note. Comments are welcome.**