

# Scientific Advisory Committee on Nutrition

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## **Paper for information: Government Update on Nutrition Related Activities – Food Standards Agency**

### **Agenda item: 6**

Please see attached paper for information.

#### **List of Food Standards Agency update papers:**

*Food Standards Agency – London*

*Food Standards Agency – Scotland*

*Food Standards Agency – Wales*

*Food Standards Agency – Northern Ireland*

# Scientific Advisory Committee on Nutrition

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## **Government Update on Nutrition related activities Food Standards Agency (London)**

1. The following covers the current research programmes, Annex 1 provides further detail.

### **Research Programme N02: Role of Dietary Lipids in the Development of Cardiovascular Disease, (Now Diet and Cardiovascular Health)**

2. The aim of this programme is to provide sound scientific evidence on the biological effects of lipids which can be used in the formulation of healthy eating recommendations for consumers.
3. The N02 remit has been broadened to include the effects of plant foods on CVD risk, as well as lipids. This programme is now called “Diet and cardiovascular health”.

Two proposals are in negotiation to supplement six ongoing projects.

The Alpha-linolenic Acid workshop report (see briefing SACN/02/16) will be published in the November issue of British Journal of Nutrition (BJN). The Monounsaturated Fatty Acids workshop report was published in the July issue (briefing SACN/02/16).

### **Research Programme N03: Complex Carbohydrate Programme – Discussed as agenda item 6 (Paper SACN/02/28)**

### **Research programme N04: Antioxidants**

4. There is one ongoing project within this Programme due for completion in October 2003. The British Nutrition Foundation (BNF) has completed their

review of the Programme, which will shortly be available from the FSA library. A summary of this report will be presented to members at the next meeting.

#### **Research programme N05: Optimal Nutrition Status Programme**

5. The aim of research under this theme is to conduct research in areas relating nutrition to public health thereby providing the scientific basis for population and sub-population level dietary guidelines for optimal health.
6. Nine proposals are in negotiation to supplement thirteen ongoing projects.  
A Bone Health workshop was held on 26 and 27 June in Cardiff to present and discuss the results of the several projects investigating the relationship between nutrition and bone health. The proceedings of this workshop will be published in the BJN at a later date.
7. A Folate Bioavailability workshop will be held on 27 January 2003 at the FSA building in London. This will focus on whether natural folates are metabolised more or less efficiently than folic acid. The aim of the workshop will be to determine where the work has taken us and where further work should be concentrated, as well as acting as a vehicle for dissemination.

#### **Research Programme N09: Food Acceptability and Choice R&D**

8. The focus of the programme has been to achieve reductions in the average percentage of energy derived by the UK population from fat and saturates and to increase the intake of fruit and vegetables and reduce obesity. An updated written review of the programme is in progress.
9. A seminar to share information from recently completed or about to complete research projects with the diverse audience to whom they are applicable will be held on 27<sup>th</sup> November 2002. These projects are aimed at:
  - Identifying important factors which influence consumer choice of foods rich in complex carbohydrates.
  - Identifying barriers to the development and uptake of reduced fat foods (RFF) from both the industrial and consumer perspective.

- Determining whether 'food deserts' exist and, if so, to describe their characteristics. Where appropriate, recommendations for local and national government policy, health promotion practice and further research will be made.
  - Developing, implementing and evaluating transferable, community based, food skills (CookWell). This is aimed at increasing consumption of fibre-rich starchy carbohydrate, fish, vegetables and fruit and decreasing consumption of fat in adults living in areas of deprivation.
  - Designing, developing and evaluating an interactive CD-ROM for the promotion of nutrition education, based on Social Learning Theory, in 12 year old children across the UK.
10. There are also two on-going projects, within the programme, to explore the use of peer educators for promoting healthy eating aimed at: (i) improvement in the nutritional quality of the diet of older people from deprived social backgrounds and (ii) improving the nutritional quality of the diet of low-income infants.
- New programmes of research are being commenced in relation to: 'Developing understandable messages about a balanced diet' and
  - Food Choice Inequalities.
11. Proposals, which were received in July 2002 under all 3 programmes, will be appraised in late September 2002.

#### **Research Programme N10: Dietary Surveys**

12. This programme aims to provide accurate and up-to-date information on the amounts of food eaten in the UK and its nutritional value, which are vital to the securing of a sound evidence base for action to promote a healthy diet.
13. A new summary edition of McCance and Widdowson's The Composition of Foods is due to be published at the beginning of October, this will be the sixth. It has been compiled mainly by the Institute of Food Research, under contract, is Agency-branded and will be published by the Royal Society of Chemistry. An electronic version will also be distributed and licensed, by The Stationery Office Copyright Unit.

14. This new summary edition is intended to be a convenient book which includes in one volume the most recent values for a range of commonly-consumed foods. It provides nutrient data for over 1,200 of the most commonly consumed foods in the UK, covering all food groups. This edition incorporates a sub-set of data from supplements published since the 4th and 5th editions, as well as new and previously unpublished data. Compared with the 5th edition, there is updated information on key foods, such as milk, cheese, bread, breakfast cereals, and meat and meat products. In addition, there are new entries for many foods that have become popular in recent years, such as fresh pasta and crème fraiche. Values for a wide range of nutrients are provided, and for the first time, information on vitamin K1 (phylloquinone) and AOAC fibre levels in a few foods.

#### **Low Income Diet and Nutrition Survey (LIDNS)**

15. The Agency has commissioned a dietary survey of low income/materially deprived consumers in the UK in order to obtain robust data on food consumption, nutrient intakes, nutritional status and the factors affecting these in this group. The contract has been awarded to a consortium led by the National Centre for Social Research and including University College London, King's College London, Institute of Food Research, Royal Victoria Infirmary and the Rowett Research Institute. Feasibility study fieldwork has now been completed and a report is expected in the early Autumn. The results will be evaluated by the survey's Project Management Board and decisions taken as to whether to proceed to mainstage, and if so, the changes to the survey scope and protocol that are needed. Without prejudice to these decisions, main stage fieldwork is due to commence in January 2003 and the results should be available from the study in 2005.

#### **National Diet and Nutrition Survey (NDNS) adults aged 19-64 years**

16. The field work for the NDNS adults aged 19-64, which was jointly funded by the Agency and DH was completed in 2001. The Agency has commissioned ONS to undertake an analysis of the data collected.

17. The reports of this analysis will be published as a series of five reports over the coming 12 months. The proposed titles and publication dates for the reports are shown below.

|          |   |                        |
|----------|---|------------------------|
| Report 1 | Types and quantities of foods consumed  | October 2002           |
| Report 2 | Energy and macronutrient intakes  | January 2003           |
| Report 3 | Vitamin and mineral intakes and urinary analytes                                | April 2003             |
| Report 4 | Nutritional status: physical measurements, physical activity and blood analytes | August 2003            |
| Report 5 | Summary report  | September/October 2003 |

18. The first report, covering types and quantities of foods consumed, is due to be published at the end of October.

#### **Review of dietary surveys**

19. The Agency has commissioned a review of its dietary survey programme to redefine its information needs and to determine the most appropriate and robust methods for collecting dietary information to meet its requirements for nutrition and exposure assessment. The review began in June 2002 and is due to report in March 2003.

20. The review is being carried out by a consortium led by Dr Margaret Ashwell. Dr Ashwell is familiar with the objectives of Agency's nutrition research through her role as Programme Adviser to the Optimal Nutrition Status programme and has experience of using National Diet and Nutrition Survey data. The other members of the consortium are Sigrid Gibson, an independent consultant with experience of NDNS and other Government dietary surveys and Caroline Harris and Dr Sue Barlow, both of whom have expertise in use of dietary survey data to assess exposure to food chemicals.

21. An expert Advisory Panel of 13 members and an additional 6 corresponding members has been formed to inform the review process. The Advisory Panel includes experts in nutrition, UK and non-UK dietary surveys, exposure

assessment, ethical considerations and survey methodology, plus external users of Government dietary survey data.

22. A questionnaire has been designed to identify the information needs of the Agency, OGDs and other stakeholders. The questionnaire will also aim to identify options for meeting the Agency's requirements and for improving, where possible, the quality of the data collected. The questionnaire was sent out at the end of August to around 300 respondents, including 27 users of the data within the Agency and including a number of SACN members. Experts in non-UK dietary surveys have also been asked to contribute their experience.
23. Members of the advisory panel, and selected responders to the questionnaire will then be invited to a two-day workshop to be held in Cambridge early in the New Year. The purpose of the workshop will be to debate and hone the options that have been identified by the review. The report of the workshop will then form the basis of the review report, which is due at the end of March 2003.

#### **Research Programme N12: Diet and Colonic Health**

23. Colo-rectal cancer is of particular concern as it is the second most common type of cancer in western society. This programme has been carried forward as part of the nutrition strategic framework and will complement work undertaken in the Agency's Risk Assessment Programme.

Two proposals are in negotiation to supplement ongoing projects.

## Annex 1

**Details of Ongoing Projects**

| <b>Project Code</b>   | <b>Project Title</b>  | <b>Contractor</b>      | <b>End Date</b> |
|---|---|------------------------|-----------------|
| <b><u>THE ROLE OF DIETARY LIPIDS IN THE DEVELOPMENT OF CARDIOVASCULAR DISEASE</u></b> |   |                        |                 |
| N02011  | Dietary omega-6 to omega-3 PUFA ration in UK Asians: relevance to cardiovascular risk & modification by dietary means | Uni Reading            | 31-Dec-02       |
| N02013  | Evaluate the effects of dietary exchange of individual saturated fatty acids on homeostasis & vascular function       | Uni Dundee – Ninewells | 31-Aug-02       |
| N02015  | Quantification of the Optimal n-3/n-4 Ratio   | Uni London – KCL       | 31-Mar-03       |
| N02016  | Quantification of the optimal n6/n3 ratio in the UK diet.   | Uni Surrey             | 31-Mar-03       |
| N02017  | Regulation of postprandial fatty acid oxidation: tissue, molecular and dietary determinants                           | Uni Oxford             | 01-Feb-04       |
| N02026  | A randomised trial to examine the public health impact of changes in dietary n-6:n-3 PUFA ratio                       | MRC – HNR              | 31-Mar-03       |
| <b><u>ANTIOXIDANTS IN FOOD</u></b>  |   |                        |                 |
| N04022  | Does the measurement of specific oxidative damage at sensitive sites correlate to broad biomarkers & risk of disease? | Uni Leicester          | 31-Oct-03       |
| <b><u>OPTIMAL NUTRITION STATUS</u></b>  |   |                        |                 |
| N05017  | Test of predictive model for bioavailability Fe (Zn & Cu) from mixed meals using simple in                            | Uni London - KCL       | 30-Jun-02       |

|        |  |                      |           |
|--------|--|----------------------|-----------|
|        | vivo human test for low doses of Fe  |                      |           |
| N05022 | Regulation of iron absorption and effects of habitual diet on iron stores in heterozygote men with HFE mutations.                      | BBSRC – IFR          | 31-Mar-03 |
| N05023 | Influence of genetic mutations on iron status linked to dietary intake: from the UK Women's Cohort Study.                              | Uni Leeds – nuffield | 31-Mar-03 |
| N05024 | Folate: from Food to Functionality and Optimal Health  | BBSRC-IFR            | 31-Aug-03 |
| N05025 | Optimal nutrition towards osteoporosis prevention: Impact of diet and gene-nutrient interactions on calcium and bone metabolism        | BBSRC – IFR          | 31-Jan-03 |
| N05030 | Functional genomic markers of individual variation in selenium status and response to dietary selenium                                 | Uni Newcastle        | 31-May-02 |
| N05031 | Assessment of individual variability in functional responses to selenium   | Uni Liverpool        | 31-Mar-03 |
| N05032 | Expression polymorphism following a-tocopherol supplementation in healthy subjects   | Uni London – KCL     | 31-Mar-03 |
| N05033 | Evaluation of riboflavin status as modulator of homocysteine response to folate in relation to MTHFR genotype and endothelial function | Uni Wales            | 15-Apr-02 |
| N05034 | Interaction between silicon intake and vitamin D and K status on markers of bone health in older women.                                | Uni London – KCL     | 30-Nov-02 |
| N05035 | Application of proteome technologies to the determination of elements of the expressed genome responsive to folate intake              | Uni Sheffield        | 30-Sep-03 |
| N05036 | The Interaction of Vitamins K & D in Bone & Vascular Health: New Functional Markers of Vitamin K Status                                | Uni London - KCL     | 01-Sep-03 |

|  |  |  |                  |
|--|--|--|------------------|
| N05037   | The Effects of Copper Depletion and Repletion on Plasma Homocysteine Concentration, Folate and Choline Status  | Uni Ulster                                       | 28-Feb-03        |
| <b><u>DIETARY SURVEYS AND NUTRIENTS<br/>IN FOOD – RESEARCH</u></b> |  |  |                  |
| N08006   | Total diet study   | British Market Research Bureau International Ltd | 31-Dec-02        |
| N08008   | Total diet study   | BBSRC – Institute of Food Research               | 31-Dec-02        |
| N08013   | Evaluation of dietary intake methodology in low income households  | University of London, Kings College              | <b>30-Sep-02</b> |
| N08017   | How can we identify Schoolgirls At Risk of Low Iron status: and what dietary advice should we be giving.   | Sig – Nuture Nutrition Consultancy               | 30-Sep-02        |
| N08018   | Food Portion Sizes For Children: estimation of typical portion sizes for children of different ages  | University of Dundee                             | 16-Sep-02        |
| N08019   | Portion Sizes Estimation By Children   | University of Newcastle                          | 31-Oct-03        |
| <b><u>FOOD ACCEPTABILITY AND CHOICE</u></b>                        |  |  |                  |
| N09001   | A Family based study to determine the acceptability of an increased intake of complex carbohydrates and to explore how change can be achieved        | University of Newcastle                          | 30-Jun-02        |
| N09010   | Do Food Deserts exist? A multilevel geographical analysis of the relationship between retail food access, socio-economic position and dietary intake | University of Newcastle                          | 31-Mar-02        |
| N09011   | Assisting dietary change in low income communities: Assessing the impact of a community based practical food skills                                  | University of Dundee                             | 01-Jul-02        |

|        |  |                           |           |
|--------|--|---------------------------|-----------|
|        | intervention (cookwell)  |                           |           |
| N09012 | Development and evaluation of an interactive CD ROM for nutrition education in secondary school children                                   | University of Ulster      | 31-Aug-02 |
| N09015 | Design and evaluation of peer-led community based food clubs. A means to improve the diet of older people from deprived social backgrounds | University of Newcastle   | 06-Oct-05 |
| N09016 | Promoting recommended infant feeding practices in a low income sample: randomised controlled trial of a peer education intervention        | University College London | 31-Jul-05 |

|          |  |  |                  |
|----------|--|--|------------------|
|          | <b><u>DIETARY SURVEYS AND NUTRIENTS<br/>IN FOOD – SURVEILLANCE</u></b>   |  |                  |
| N10008   | National Diet & Nutrition Survey of Adults:<br>Part A  | Office for National<br>Statistics          | 30-Jun-2002      |
| N10009   | National Diet & Nutrition Survey of Adults:<br>Part C&D  | MRC Human<br>Nutrition Research            | 30-Jun-02        |
| N10012   | Integrated Data set For McCance and<br>Widdowson's Composition of Foods<br>Supplements & MW6                                     | IFR Enterprises                            | 30-Apr-03        |
| N10013   | Low Income Dietary Survey  | National Centre for<br>Social Research     | 30-Apr-05        |
| N10014   | Nutrient analysis of pasta and pasta sauces  | Laboratory of the<br>Government<br>Chemist | 31-Oct-02        |
| N10015   | Review of Dietary Surveys  | Ashwell Associates                         | <i>31-Mar-03</i> |
| N10017   | Nutrient analysis of breakfast cereals   | Laboratory of the<br>Government<br>Chemist | 31-Oct-02        |
| N10019   | Composition of Foods Review  | Uni –Surrey<br>D                           | 31-Mar-03        |
|          | <b><u>DIET AND COLONIC HEALTH</u></b>  |  |                  |
| N02018   | Vitamins C, E and DNA malonaldehyde<br>adducts in rectal biopsies and lymphocytes  | MRC - DUNN<br>Nutrition                    | 01-Jul-02        |
| N05028   | The establishment of DNA replication<br>biomarkers in colon cells and their validation as<br>functional markers of folate status | Uni Ulster                                 | 01-Apr-04        |
| N05029   | Development of a rapid diagnostic test for<br>functional folate status based on DNA<br>biomarkers                                | LGC  | 30-Oct-03        |
| N12002/7 | The impact of folate and its interaction with<br>riboflavin on biomarkers of colorectal cancer                                   | Uni Newcastle &<br>Sheffield               | 01-Sep-04        |

|          |  |                              |           |
|----------|--|------------------------------|-----------|
|          | risk   |                              |           |
| N12003   | Novel DNA biomarkers for folate deficiency in surrogate tissues and colonic mucosa | Uni Ulster                   | 01-Jan-05 |
| N12004/6 | Applying Proteomic technology to identify biomarkers of colorectal cancer          | BBSRC –IFR and Uni Newcastle | 01-Apr-04 |

### New Projects In Negotiation

There are 17 projects currently in negotiation. There are two for the Lipid programme, nine for the Optimal Nutritional Status programme, 3 for Dietary Surveys and Nutrients in Food (surveillance), one for Dietary Surveys and Nutrients in Food (research) and two for the Diet and Colonic Health programme.

|        | <b>N02 Lipid Proposals</b>   | <b>Contractor</b>   | <b>Estimated End Date</b> |
|--------|--|---|---------------------------|
| N02027 | Optimal lipid intake in relation to risk of cardiovascular disease in individuals with susceptible genotype              | Medical Research Council  | 31-Aug-05                 |
| N02028 | Biochemical and physiological responsiveness to low dose fish oil intakes: Impact of genotype, gender, age and geography | Hugh Sinclair Human Nutrition Group<br>School of Food Biosciences | 31-Dec-05                 |
|        |  |   |                           |
|        | <b>N05: Cognitive Proposals</b>  |   |                           |
| N05038 | Impact of n-3 LCPUFAS on depressed mood and cognitive function : a randomised, placebo-controlled trial                  | University of Bristol   | 31-Dec-04                 |
| N05039 | Cognitive function, emotional well-being and dietary factors in the Caerphilly cohort of older men                       | University of Wales<br>Collage of Medicine                        | 31-Aug-04                 |
|        |  |   |                           |
|        | <b>N05: Micronutrient Proposals</b>  |   |                           |
| N05040 | Influence of genotype on optimal folate & vitamin B12 intake during pregnancy  | Rowett Research Institute   | 31-Dec-05                 |
| N05041 | Genotypes underlying functional bioavailability of selenium  | University of Newcastle   | 31-Jan-06                 |
| N05042 | Influence of gender, age and genotype on the known sub-optimal status of folate, vitamin B-12 vitamin B-6 and riboflavin | Northern Ireland<br>Centre for Diet and Health                    | 30-Sep-05                 |

|              |  |   |           |
|--------------|--|---|-----------|
|              |  |   |           |
|              | <b>N05: Bone Health Proposals</b>  |   |           |
| N05043       | Mechanisms by which fruit & vegetables influence postmenopausal bone health: an RCT in a well-characterised population | University of Aberdeen  | 31-Aug-05 |
| N05044       | Impact of fruit and vegetables on bone health: potential mechanisms at the whole body and cellular level               | MRC Human Nutrition Research                                    | 1-Sep-04  |
| N05045       | Are diets rich in vitamin A detrimental to bone health?  | University of Sheffield   | 30-Sep-03 |
| N05046       | Nutrition and bone health in men and women   | University of Cambridge   | 30-Sep-05 |
|              |  |   |           |
|              | <b>N08: Dietary Surveys and Nutrients in Food (research)</b>   |   |           |
| N08020       | Mis-reporting meta analysis  | Rowett Research Institute                                       | 30-Sep-04 |
|              |  |   |           |
|              | <b>N10: Dietary Surveys and Nutrients in Food (surveillance)</b>   |   |           |
| N10016       | NDNS Adults - Census Non response survey   | Office for National Statistics                                  | 31-Mar-04 |
| N10018       | NDNS Adults Report   | Office for National Statistics and MRC Human Nutrition Research | 31-Aug-03 |
| N10020       | Nutrient analysis "catch up" project   | ADAS  | 31-Mar-03 |
|              |  |   |           |
| Project Code | <b>N12Colonic Health Proposals</b>   |   |           |
| N12008       | Alkylated s-cysteine MGMT adducts as biomarkers of mutagenic agents in the colon                                       | University of Manchester  | 31-Aug-03 |

|           |  |   |           |
|-----------|--|---|-----------|
| N12009/11 | Developing biomarkers of colorectal neoplasia: quantification of aberrant CpG island methylation in human faecal DNA | Institute of Food Research and Newcastle University | 30-Sep-05 |
|-----------|--|---|-----------|

**Proposed new programmes**

The programmes above are continuing. In addition new programmes in development are:

- Developing understandable messages about ‘A balanced diet’
- Food choice inequalities
- New approaches to the communication of nutrition activities
- Influencing nutrition through physical activity
- Implementing and evaluating nutritional behaviour via health professionals
- Sustainable Integrated school interventions.

# Scientific Advisory Committee on Nutrition

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## Government Update on Nutrition related activities Food Standards Agency (Scotland)

### **FSA Scotland Diet and Nutrition Strategy**

1. FSA Scotland's draft Diet and Nutrition Strategy is being revised to take into account the Scottish Food Advisory Committee's suggestions prior to wider consultation. Specific links to other organisations in Scotland are also being clearly established within the strategy. In particular, the planned activities of the Scottish Executive Health Department (SEHD) and the Food and Health Co-ordinator over the same period as the strategy, which have only recently been available in detail. As SEHD is in the lead in relation to the Scottish Diet Action Plan it is important that FSA Scotland is closely aligned to their proposals.
2. FSA Scotland plans to complete its initial revisions during September. Consultation with key interested parties, including members of the Scottish Diet and Nutrition Forum, will then be carried out. Following consideration of comments arising from that consultation exercise, a final draft will be prepared for wider consultation. It is intended that the formal consultation process will be completed by late November/early December, after which the final strategy will be prepared.

### **Catering for Health**

3. The Scottish version of 'Catering for Health' was successfully launched on 10 May 2002. The Guide is available free from FSA Scotland and copies have been sent to all Further Education catering establishments in Scotland. Since the launch we have issued over 2000 copies.

**Research Forum**

4. Following the success of last years workshops in May and June 2001, a one day workshop was held on 5 September 2002 at Glasgow Caledonian University to explore the research and surveillance priorities for Microbiological Food Safety and Diet & Nutrition for FSA Scotland.
  
5. In the morning the scene was set by Dr George Paterson for FSA Scotland and Prof. Hugh Pennington for the Scottish Food Advisory Committee. This was followed by an update on progress in following up the suggestions made by delegates at last years meeting, given by Dr Susan Pryde. Several FSA Scotland contractors then gave short presentations on their work.
  
6. The afternoon session comprised breakout groups to determine the priorities for future research in the fields of Microbiological Food Safety and Diet & Nutrition in Scotland, followed by a short group discussion chaired by Prof. Hugh Pennington.  
Of the 60 people invited, more than 50 attended the meeting, representing a wide variety of stakeholder groups, including academia, industry, local authorities, the Scottish Executive and FSA UK.
  
7. In the Diet & Nutrition session, there was a wide ranging discussion on surveillance of nutritional status in Scotland which will form a useful basis for the new ad hoc group being set up by FSA Scotland and the Scottish Executive Health Department. In addition, FSA Scotland will be following up on possible areas of research in the fields of selenium, iodine and vitamin D with researchers in Scotland where there may be a geographical element to possible deficiencies in the Scottish diet.

# Scientific Advisory Committee on Nutrition

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## Government Update on Nutrition related activities

### Food Standards Agency (Wales)

#### Nutrition strategy for Wales

1. The consultation document on a nutrition strategy for Wales developed by the Food Standards Agency in Wales, in collaboration with the Assembly and key partner organisations was distributed for comment to around 1300 interested parties during July and August. Around 75 responses are currently being considered.
2. A meeting between Jane Hutt, Minister for Health and Social Services, FSA and the Health Promotion Division of the Assembly revealed that the Minister was content overall with the consultation document. She did call for greater transparency in the document to be given to action in respect of the elderly and ethnic minorities in addition to the identified priority groups and to integrate action with that being taken within local communities such as the Assembly's Communities First areas.
3. She asked that the final document reflected a joint Assembly/FSA Wales programme of action, making explicit its contribution to one of the Assembly's key strategic aims of tackling social disadvantage and specifically action to eradicate food poverty.
4. The Welsh Assembly Cabinet are meeting late October to discuss the joint programme of action. In view of this it is likely that the final strategy will not be published until after Christmas.

# Scientific Advisory Committee on Nutrition

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## **Government Update on Nutrition related activities**

### **Food Standards Agency (Northern Ireland)**

#### **Decent Food for All – Tackling Food Poverty in the Community**

1. The Armagh and Dungannon Health Action Zone (HAZ) has launched a 2 year community partnership project: “Decent Food for All” to address food poverty issues such as inequalities in accessing decent, healthy and affordable food for all - in particular, low income households. It is intended that this initiative, which is funded jointly by the all island Food Safety Promotion Board and the Food Standards Agency in Northern Ireland, will have a positive impact in terms of health and well being, local regeneration, community education and social inclusion.