



**Paper for Discussion: INTERIM REPORT  
FAO/WHO/UNU Expert Consultation  
Report on Human Energy Requirements**

**Agenda Item 5**

Members are requested to comment on the attached report. The energy recommendations in the FAO/WHO/WUU and COMA reports have been set out using different units, agebands and physical activity levels (PAL). Table 1 and table 2 below compare where possible the values for infants and children. Table 3 gives some examples for adults.

The relevant section in the COMA report *Dietary Reference Values for Food Energy and Nutrients for the United Kingdom* is attached for comparison (electronic copy not available).

[ftp://ftp.fao.org/es/esn/nutrition/human\\_energy\\_requirements.pdf](ftp://ftp.fao.org/es/esn/nutrition/human_energy_requirements.pdf)