

**Annex 2****Agency work following publication of the Low Income Diet and Nutrition Survey**

- 1) In November, the Agency will hold a stakeholder seminar to consider the findings of Low Income Diet and Nutrition Survey (LIDNS) and how best to proceed following its publication. FSA, with external contractor is preparing a discussion paper, which will be neutral in tone and aim to generate discussion rather than itself prepare a course of future action.
- 2) The Agency will continue to work towards projects and strategies to identify and reduce inequalities in food availability and choice for consumers in the UK.

Examples include:

- Providing advice and guidance in relation to nutrition standards for school meals and major institutions;
- R&D to assess the effectiveness of a community based health challenge approach to healthy eating and a pilot Health Challenge programme for children supporting a whole school approach to food;
- Providing support and resources through our schools work to enable young people and children to choose, cook and eat safe, healthy food;
- Work with industry on salt reduction and the Saturated Fat and Energy Intake Programme;
- Continuation of work on the front of pack nutritional signpost labelling scheme;
- Continued operation of the Dame Sheila McKechnie Award for community food initiatives across the UK. These initiatives predominantly serve communities that are disadvantaged or that have poor access to affordable, healthy food.
- Continued monitoring of the diet and nutrition of the population as a whole via the NDNS rolling programme.
- FSA Scotland's roll out of Food and Health Course in low income communities;
- FSA Northern Ireland along with Safefood are leading on the development of a Food Poverty Toolkit;
- FSA Northern Ireland plans for the homeless include: targeted, practical and accessible information to the young single homeless in hostel accommodation; Development of an accredited cooking skills/hygiene qualification; and Menu planning support for hostels throughout Northern Ireland.
- FSA Wales' support for the all Wales Health Option Award scheme currently being piloted across several local authority areas. The aim is to encourage food businesses in the catering sector to offer a range of healthier choices alongside standard menu options. The scheme will operate on a tiered basis which it is hoped will provide particular encouragement for businesses in more deprived areas.